CALL FOR ABSTRACTS

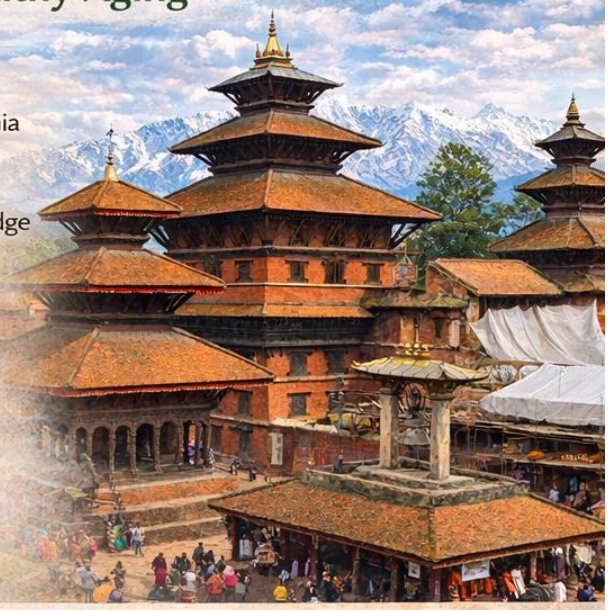
ASIAN CONFERENCE FOR FRAILTY AND SARCOPENIA (ACFS) 2026

December 5–6, 2026 | Kathmandu, Nepal

"Towards Building Strength and Vitality in Old Age for Healthy Aging"

About the Conference

The Asian Conference for Frailty and Sarcopenia (ACFS) 2026 will be held in Kathmandu, Nepal, bringing together researchers, clinicians, and public health professionals to advance knowledge and practice in frailty, sarcopenia and healthy aging across Asia and beyond.



Call for Abstracts

We invite submission of abstracts for Oral and Poster Presentations.

- Abstracts not selected for oral presentation will be automatically considered for poster presentation.

Submission Guidelines:

- Maximum length: 400 words
- Title
- Authors and Affiliations
- Presentation Category (Oral or Poster)
- Introduction
- Methods
- Results
- Conclusion
- Keywords

All abstracts/queries should be submitted by email to:
acfs2026nepal@gmail.com

Join us in Kathmandu

Contribute your research and be part of advancing strength, vitality, and healthy aging across Asia.

Important Date:

Abstract Submission Deadline:

June 1, 2026

Submission Categories:

Frailty, Sarcopenia: (Epidemiology, Biology, Clinical Practice and Public Health Aspects, Multiple Dimensions of Frailty/Sarcopenia, Clinical Trials and Therapeutics, Nutritional Aspects, Physical/Cognitive Exercise, Body Composition, New Technologies), Intrinsic Capacity and ICOPE, Geroscience, Healthy Aging Approaches, Geriatrics and Aging